

2009-10 Y State Time Standards – Tentative (Sept 2009)

8 & Under Time Standards Tentative

Girls	Event	Boys
1.30.09	100 Medley Relay	1.36.69
17.99*	25 Freestyle	16.79
38.39	50 Freestyle	38.59
1:29.99*	100 Freestyle	1.29.99*
20.99*	25 Backstroke	21.69
46.59	50 Backstroke	46.99*
23.59	25 Breaststroke	24.99*
51.99	50 Breaststroke	54.99
20.39*	25 Butterfly	21.59
48.99	50 Butterfly	54.99
1.40.29	100 Individual Medley	1:41.99*
1.15.99*	100 Freestyle Relay	1.22.49

9 & 10 Time Standards Tentative

Girls	Event	Boys
2.33.79	200 Medley Relay	2.42.29
31.79	50 Freestyle	33.49
1.11.19	100 Freestyle	1.14.39
2.41.19	200 Freestyle	2.42.49
37.99*	50 Backstroke	38.79
1.22.99	100 Backstroke	1.24.89
42.09	50 Breaststroke	45.49*
1.32.79	100 Breaststroke	1.36.69
36.99	50 Butterfly	38.49
1.25.29	100 Butterfly	1.34.99*
1.22.69	100 Individual Medley	1.25.89
2.59.99*	200 Individual Medley	3.08.89
2.15.09	200 Freestyle Relay	2.20.39

11 & 12 Time Standards **Tentative**

Girls	Event	Boys
2.14.09	200 Medley Relay	2.17.99*
28.99*	50 Freestyle	28.29
1.02.59*	100 Freestyle	1.01.89
2.18.99*	200 Freestyle	2.18.79
6.10.99*	500 Freestyle	6.19.99*
33.29	50 Backstroke	33.39
1.12.99*	100 Backstroke	1.13.19
37.69	50 Breaststroke	36.79
1.21.99*	100 Breaststroke	1.22.99*
32.99*	50 Butterfly	32.29
1.12.99*	100 Butterfly	1.17.69
1.12.99*	100 Individual Medley	1.12.29
2.36.99*	200 Individual Medley	2.42.99*
1.58.59*	200 Freestyle Relay	1.59.99*

13 & 14 Time Standards **Tentative**

Girls	Event	Boys
2.05.59	200 Medley Relay	2.03.99
26.49	50 Freestyle	25.89*
57.79	100 Freestyle	56.69*
2.08.99*	200 Freestyle	2.07.29*
5.45.99*	500 Freestyle	5.41.69
1.05.79	100 Backstroke	1.06.19
2.21.79	200 Backstroke	2.24.99
1.15.59	100 Breaststroke	1.12.19
2.45.29	200 Breaststroke	2.38.29
1.06.19	100 Butterfly	1.06.89
2.43.19	200 Butterfly	2.47.39
2.25.99	200 Individual Medley	2.21.89
5.19.99*	400 Individual Medley	5.12.49
1.49.99	200 Freestyle Relay	1.51.49

Open 11-19 Time Standards **Tentative**

Girls	Event	Boys
1.57.09	200 Medley Relay	1.49.29
4.15.69	400 Medley Relay	3.59.69
25.59	50 Freestyle	23.09
55.89	100 Freestyle	50.99
2.02.99*	200 Freestyle	1.53.19*
5.33.19	500 Freestyle	5.13.09
11.35.09	1000 Freestyle	11.16.59
19.12.99	1650 Freestyle	19.12.99
1.02.99	100 Backstroke	59.09
2.19.09*	200 Backstroke	2.10.29
1.11.29	100 Breaststroke	1.05.19
2.38.19	200 Breaststroke	2.33.09
1.02.79	100 Butterfly	55.99
2.27.29	200 Butterfly	2.21.49
2.20.19	200 Individual Medley	2.11.89
5.04.39	400 Individual Medley	4.47.59
1.45.49*	200 Freestyle Relay	1.36.19
3.48.99	400 Freestyle Relay	3.33.29
8.26.29	800 Freestyle Relay	8.05.19

QT slower than last year's
QT faster than last year's