



Blue I Skills Practice Calendar October 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Butterfly Freestyle Turns	2 Backstroke Breaststroke Relays	3
4 <i>Team Spaghetti Dinner</i>	5 Freestyle Breaststroke Turns	6 Backstroke Breaststroke Starts	7 IM Freestyle Turns	8 Butterfly Freestyle Turns	9 Freestyle Backstroke Turns	10 Fond du Lac FRST Meet
11	12 Combined Practice Groups! Backstroke Breaststroke Starts	13 IM Breaststroke Starts	14 Butterfly Breaststroke Turns	15 Freestyle Butterfly Starts	16 Backstroke Freestyle Relays	17 OSHY Sleepover Meet
18	19 Butterfly Freestyle Turns	20 Freestyle Backstroke Starts	21 Breaststroke IM Turns	22 Freestyle Breaststroke Starts	23 Backstroke Butterfly Turns	24 Adam Mania Swim Clinic
25	26 IM Freestyle Starts	27 Free Back Finishes	28 Backstroke Breast Turns	29 Fly Back Turns	30 Back Free Starts	31