




Blue I Practice Schedule February 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breaststroke Butterfly Turns	2 Freestyle IM Turns	3 Freestyle Breaststroke Turns	4 Breaststroke Butterfly Turns	5 SCHROEDER A+ Butterfly Backstroke Starts	6 SCHROEDER A+
7 SCHROEDER A+	8 Freestyle Breaststroke Turns	9 Butterfly Backstroke Starts	10 Freestyle Backstroke Starts	11 OSHY/FCYST INVITE Breaststroke Freestyle Relays	12 OSHY/FCYST INVITE	13  OSHY/FCYST INVITE
14 JHWK 8 & U All Star Meet OSHY/FCYST INVITE	15 Combined Practice Groups Backstroke Butterfly Turns	16 Freestyle Breaststroke Turns	17 IM Freestyle Starts	18 Backstroke Butterfly Starts	19 Freestyle Breaststroke Turns	20 Regionals Meet
21 Regionals Meet	22 Freestyle Breaststroke Turns	23 Butterfly Backstroke Starts	24 Freestyle Backstroke Starts	25 Breaststroke IM Turns	26 12 & UNDER USA STATE Freestyle Backstroke Relays	27 12 & UNDER USA STATE MEET
28 12 & UNDER USA STATE						